**Recommender**: Circle the number below that best represents this applicant’s qualifications.

<table>
<thead>
<tr>
<th>Qualification</th>
<th>Too little info to rate</th>
<th>Below Average</th>
<th>Average</th>
<th>Above Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic performance</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Leadership</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Sociability and interaction with others</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Maturity and respect for others</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Dependability</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Cooperativeness and ability to work on a team</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Punctuality</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Value of this program to this applicant</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
Suny upstate medical university, division of student affairs presents:
“Try on a white coat at upstate: A health career immersion institute”
June 4-June 10, 2016
Cost is free!
(Includes housing and meals)

To apply for this program students should be:
✓ A current freshman or sophomore year student on a pre-health track
✓ A New York state resident
✓ From an underrepresented or economically disadvantaged population
✓ At least 18 years of age
✓ Preference given to CSTEP students

This program includes:
• Opportunities to explore different careers in the healthcare field
• Opportunities to interact with current students and faculty at Suny upstate
• An overview on the Admissions process including tips on how to become a competitive candidate
• Service and community outreach opportunities in the Syracuse area
• Tips for academic success that include: study skills, test and note taking strategies, and time management skills
• Hands on activities, demonstrations and simulations
• Teambuilding and networking opportunities (including a trip to WonderWorks ropes course)

***Each applicant must submit an application and one recommendation form completed by a college administrator/faculty member

Application and Recommendation Form due:
April 15, 2016
Acceptance Letters will be e-mailed by May 6, 2016

For more information, please visit the Upstate website or contact:
Lamees Galal
Coordinator for Cross Cultural Programming and Awareness
Suny Upstate Medical University
315.464.8855
galall@upstate.edu