

# Checklist for Upstate Medical University International Travel Health Policy

## Travel

- Valid Passport for at least 6 months: Expiration Date** \_\_\_/\_\_\_/\_\_\_
- Valid Visa: **Expiration Date** \_\_\_/\_\_\_/\_\_\_
- Review *Upstate Medical University International Travel Policy & Procedures*
- Travel Registry – Submit copy of passport and travel itinerary
- Review Travel Warnings and Restrictions
- Enroll in SMART Traveler Enrollment Program (STEP) as outlined in the *International Travel Policy & Procedures*

## Insurance, Health and Safety

- Purchase SUNY Sponsored Study Abroad Insurance through Upstate's Bursar's Office as outlined in the *International Travel Policy & Procedures*
- Purchase additional Liability Insurance through Upstate's Registrar's Office (if necessary)
- Visit a physician, healthcare provider or travel clinic to receive a health evaluation and any CDC recommended immunizations
- Submit the *Physician's Statement for International Programs* Form with documentation of Immunizations received

## Code of Conduct

- Review Upstate Medical University Student Code of Conduct
- Review country specific information regarding customs and acceptable behavior

## Academic Approval

- Obtain academic approval and register for respective elective course number as outlined in the *Travel Policy & Procedures*

## Pre-Departure Training

- Participate in mandatory pre-departure training modules and group meetings

## Study Abroad Contract & Agreement

- Complete and submit *Study Abroad Contract* with any required documentation

## Program Evaluation/Debriefing Session

- Complete program evaluation and attend debriefing session about your international experience

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Participant Signature

Date