

Special Opportunity

Summer Developmental & Human Anatomy

for first-year medical students entering Fall 2009



Students Signa Perkins and Jason Bariteau received intensive instruction from Dr. Susan Stearns during the Summer Anatomy class. The advantages: the class is one-sixth the size as in the fall and participants get a personalized learning environment. With Anatomy taken in the summer, both Signa and Jason chose electives which gave them contact with patients and doctors during the fall.

SUNY Upstate's new \$3.6 million Human Anatomy Lab.

A Smart Start: Course Runs June 8 – July 31, 2009

SUNY Upstate Medical University College of Medicine offers a Summer Developmental and Human Anatomy Program for eight weeks during the summer. It is the same course that is taught to all first-year medical students during the fall semester. Developmental and Human Anatomy (Gross Anatomy) is a challenging 9-credit course, which focuses on the structure and function of organs and organ systems. The majority of class time is spent in the dissecting laboratories, an experience that is supplemented with lectures, radiographic imaging demonstrations and other relevant clinical correlations.

Advantages of Summer Human Anatomy

With two experienced faculty members assigned to the course, students receive individualized and small group instruction on a daily basis. Because no other courses are taught at this time, students are able to focus on obtaining an excellent mastery of the material. An additional benefit is that human anatomy serves as a solid foundation for the Practice of Medicine course that begins in the fall.

The class size for the Summer Anatomy Program is limited to 40 students.

Options For Students Who Successfully Complete Summer Human Anatomy

The time gained by taking Summer Anatomy allows first-year medical students to explore areas of medicine that are of interest to them. During the time at which Anatomy is typically taught, Summer Anatomy students may:

- Pursue real clinical experience by taking an elective or by shadowing physicians in the clinics or in the operating room.
- Work in a basic science or clinical research laboratory and earn elective credits.
- Participate in a work-study program—an opportunity to be paid for working in a laboratory or on a special project.

How Do I Apply?

Fill out the application included in this pdf and **return it to the Office of Student Admissions postmarked by March 6.** Applicants accepted into the summer program will be notified by March 13. Students enrolled in the summer program will have their financial aid packages adjusted accordingly.

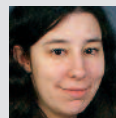
Questions?

Call or e-mail Susan B. Stearns, PhD
Associate Professor and Course Coordinator
E-mail: stearns@upstate.edu
Office: 315-464-8577



Summer Human Anatomy Course Details

Summer Human Anatomy begins Monday, June 8, and ends Friday, July 31. The class meets from 9 am to 2 pm, Monday through Friday. Two faculty members are dedicated to the course and hold regular office hours during the session. In addition to time in the dissection lab, there are one or two lectures each day. Students attending Summer Anatomy must also attend the regular College of Medicine orientation that begins on August 19. Students may live on campus in Clark Tower, at student rates, or make their own housing arrangements. Students taking Summer Human Anatomy will have their financial aid packages adjusted to reflect their early start to medical school.



Grab This Opportunity!

Lora Wolk, MD

“If you’re ready, grab this opportunity! Although I was eager and enthusiastic about starting med school, it also intimidated me. After hearing how difficult anatomy is considered to be, I decided the summer option would be the best approach. My hopes and intentions for summer anatomy were absolutely confirmed and even exceeded my expectations! I was gratified with a great course and, as I hoped, an easier transition to med school.

Thanks to the summer course, I had time for an elective in the fall. Every day during November, I followed a family practitioner through his patient schedule. He made the experience invaluable. He taught me about examinations and helped me to gain confidence in interacting with patients on my own. I didn’t mind the “down time” during the remainder of the semester either. It gave me a mental respite, and I could finally sleep and revitalize my spirit.

Many of my classmates regretted not taking advantage of the Summer Anatomy course, although they were also glad they hadn’t given up their last free summer. While the course was difficult, and I, too, was reluctant to spend the summer studying, I don’t regret my decision for a second. I benefited considerably, and the experience was extremely positive.

The anatomy course exemplified academic excellence at its finest. I have never met two more dedicated professors—Dr. Stearns and Dr. Spring-Mills. They were easy to approach, always willing to help, and conveyed the subject matter in a way that was easily understood.

I really believe this is one opportunity no one should miss! “



A Good Start to Med School

Dan Dickinson, MD

“If I had a dime for everyone who said to me, ‘I wish I took anatomy over the summer,’ I’d be a millionaire. It made that much of a difference in my first year. It is such an intense course that to tackle it by itself turned out to be a good move.

If I had to list the ten best things about Summer Anatomy, the faculty would come out at the top. Both professors were very approachable and they made themselves available for longer office hours in the days before the exams. In addition, the lectures were fascinating.

Taking the course in the summer affords you the chance to take an elective—as many of us did. I chose to participate in the class again in the fall—this time as a TA for credit. One of my professors told me that the first time you take anatomy, you are exposed to it, the second time you really learn the material. That was true, and the return to the lab definitely reinforced what I knew, and I found the work much easier.

Some people wondered why I’d want to start med school in my last free summer, but I would have spent most of my summer thinking about med school anyway. Plus, my senior spring semester was easy compared to the previous ones.

Taking the course didn’t shortchange my summer. I did have some real vacation time. Anatomy didn’t start until three weeks after I graduated from college and I took a trip after the course ended. It was also nice to make some good friends in my class before the fall semester started. “



Summer Human Anatomy Application

Yes, I would like to attend the summer anatomy class at SUNY Upstate Medical University's College of Medicine. I understand the class runs weekdays, June 8 – July 31, 2009 and that I will still be required to attend the regular medical school orientation beginning August 19.

Signature _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____

E-mail Address _____

Class size is limited and applications must be postmarked, e-mailed or faxed by March 6, 2009.

Students accepted into the summer program will be notified by March 13, 2009.

Please mail to:

COLLEGE OF MEDICINE
Office of Student Admissions
1215 Weiskotten Hall
SUNY Upstate Medical University
766 Irving Avenue
Syracuse, NY 13210

Or fax to: 315-464-8867

Or send an e-mail with the above information to admiss@upstate.edu.
Be sure to put "Summer Anatomy" in the subject line.