Policy Effective August 8, 2016 for the new MS1 “UP” Curriculum

LCME Standard 6.3 states that the faculty of a medical school must ensure that the medical curriculum includes self-directed learning experiences and time for independent study to allow medical students to develop the skills of lifelong learning. Self-directed learning involves medical students' self-assessment of learning needs; independent identification, analysis, and synthesis of relevant information; and appraisal of the credibility of information sources. Medical students must have unscheduled time available in their week to engage in self-directed learning and independent study.

During the pre-clerkship phase of the Upstate Medical School curriculum, the maximum amount of scheduled required activities during a given week is 27 hours. The minimum required self-directed "open time" to be reserved outside of required activities is 10 hours.

The Unit Co-Director Committee will evaluate the academic workload of the medical students prior to each unit commencing.