

## HOPE HEALS

The Upstate Cancer Center offers the most advanced outpatient treatment, clinical research studies, and support services all in one convenient location.



# UPSTATE

CANCER CENTER

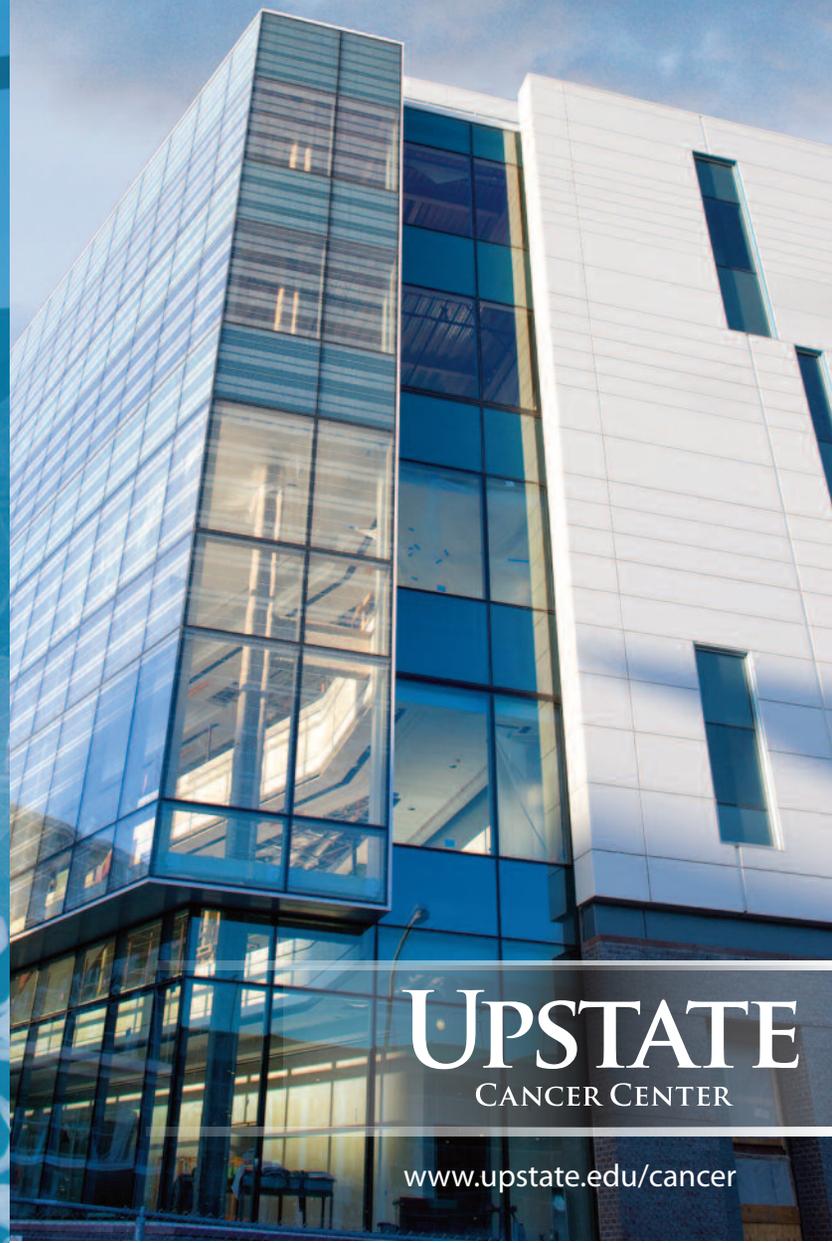
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Syracuse, NY 13210

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[www.upstate.edu/cancer](http://www.upstate.edu/cancer)

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## PATIENT SERVICES & AMENITIES



# UPSTATE

CANCER CENTER

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The first floor atrium

### **Art: Healing through Nature**

Throughout the Upstate Cancer Center guests will find gallery-quality pieces by local artists. Additionally, you can experience the healing garden (enter near the second floor elevators).

### **Sounds of the Atrium**

Healing music for patients and families is the focus of our Cancer Center Performance Area. Artists perform daily in the Atrium, radiating sound throughout our waiting areas and front lobby.

### **Family Resource Center**

Librarians from the Upstate Health Sciences Library offer research assistance and access to timely, reputable medical literature, internet resources and support services within a welcoming, comfortable environment.

### **Psychological Support**

In addition to cancer care, we treat patients' and families' mental and emotional well-being. Delivered by board certified psychiatrists, our counseling services are an essential component of a patient's treatment plan. Services are available for both group and individual sessions.

### **Integrative Therapy**

Combining conventional therapies and treatments with evidence-guided complementary therapies, treatment of your mind, body, and spirit are the focus of these services.

### **Nutritional Counseling**

Nutrition counseling during the treatment and recovery/survivorship of cancer is important to the overall health of our patients. We offer individualized patient support and nutrition resources.





**William J. Waters Center for Children's Cancer and Blood Disorders**

*Halkin/Mason Photography, LLC*

### **Genetic Counseling**

Genetic counseling provides a detailed analysis of your medical and family history to assess the likelihood of hereditary cancer. In some families, genetic testing may clarify risks of developing certain cancers and may help an individual in making informed medical decisions for the opportunity of cancer prevention or earlier detection.

### **Spiritual Care**

Our trained non-denominational chaplains offer a compassionate listening presence that can include one-to-one visits and support for you and your loved ones. All are welcome to use our Meditation Room, located on the first floor in the Atrium, or services can be brought to you.

### **Guest Hospitality**

Programs, such as the Room2Smile comfort cart, help to insure that you and your family are made to feel welcome during your time here. We provide activities, resources, and electronic devices such as e-readers.

### **Tobacco Cessation Counseling**

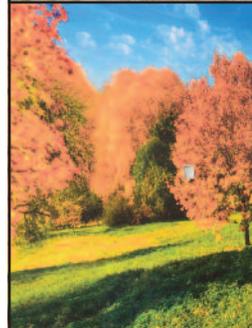
From individual counseling sessions to support groups we can help you and your family members quit smoking. We offer educational materials as well as ongoing in-person and phone support for all patients.

### **Social Services**

Our dedicated Cancer Center social workers are available to assist with a variety of topics that have direct effect on your care and treatment plan.

### **Financial Counseling**

Counselors can help you obtain insurance and provide help in identifying resources to pay for your cancer care.





Medical Oncology waiting area

Halkin/Mason Photography, LLC

### **Physical Therapy and Rehabilitation Therapy**

Comprehensive physical, occupational, and speech and language therapy services are available to manage the side effects of disease and/or its treatment.

### **Support Groups**

The Upstate Cancer Center hosts a number of no-cost peer-support groups for people with cancer including the Men to Men prostate support group, the Pink Champions breast care support group and the head and neck support group.

### **American Cancer Society**

The Upstate Cancer Center partners with the American Cancer Society to provide additional resources and services for our patients such as Road to Recovery, Look Good Feel Better, I Can Cope, and many more. With the help of our trained Cancer Resource Volunteers we are happy to explore options that fit your needs.

