

Mental Health Across the Lifespan

3 Credits

This course assists students in successfully addressing mental health issues within the primary care setting. A bio-psychosocial framework for understanding the development and treatment of common psychiatric disorders and mental health problems is explored. Focus is on the diagnosis and treatment of patients with co-morbid and psychiatric conditions within the broader context of the primary care setting. Emphasis is placed on clinical reasoning related to assessment and diagnosis, treatment planning and clinical management. Psychopharmacotherapeutics and other therapeutic approaches are discussed in relation to treatment of mental illness/psychiatric disorders within the primary care setting. Therapies are introduced to promote health and prevent illness for individuals and families across the lifespan.